| **Lesson Guide** |
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| **Date:** | **Topic: Domestic** |
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| **Lesson:** |
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| Packed lunch  |
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| **Materials:** |
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| Lunch ingredients (bread, peanut butter, jelly, lunch meat, cheese, condiments)ChipsSandwich bagsFruitPaper bag |
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| **Learning Objectives:** |
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| * Students will be able to prepare a packed meal
* Students will follow directions
* Students will complete a task
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| **Structure/Activity:** |
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| 1. Introduce the activity of packing a lunch (what needs to be included)
2. Students will decide a main lunch item, snack, and beverage
3. Students will need to make the main item and then pack the snack(s), beverage, and napkin
4. Student will need to label lunch
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| **Assessment:** |
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| Packed lunch assessment |
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