| **Lesson Guide** |
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| **Date:** | **Topic: Domestic** |
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| **Lesson:** |
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| Microwave |
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| **Materials:** |
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| MicrowaveMicrowave food (taquitos, chicken nuggets, mac and cheese, etc)PlatesUtensils |
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| **Learning Objectives:** |
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| * Students will understand the function of a microwave
* Students will be able to use a microwave to heat food
* Students will understand microwave safety (no metal, food will be hot-use oven mitts)
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| **Structure/Activity:** |
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| 1. Students choose a food to microwave from choices
2. Student will read (assistance if needed-can point to numbers if highlighted) directions and find out how long and the power level that is required for food
3. Students will get plate/bowl if needed to place food on to microwave
4. Students will press the buttons on the microwave
5. Students will take food out of microwave once done (using hot mitts)
6. Students will eat the food that they prepare
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| **Assessment:** |
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| Cooking Assessment |
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