| **Lesson Guide** |
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| **Date:** | **Topic: Domestic** |
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| **Lesson:** |
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| Knife Skills |
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| **Materials:** |
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| KnivesCutting boardsCut resistant glovesFoods to cut (banana)Foods to spread (nut butter, butter, jelly, cream cheese)Foods that foods can be spread on (bread, bagel, apple, rice cake, etc.) |
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| **Learning Objectives:** |
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| * Students will learn knife safety
* Students will use knife to cut soft foods (bananas)
* Students will spread foods using a knife
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| **Structure/Activity:** |
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| 1. Discuss that knives are sharp
2. Demonstrate how to hold, use, and carry knives
3. Have students demonstrate these skills without using food
4. Have students demonstrate spreading with a knife
5. Have students demonstrate cutting a banana with a knife
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| **Assessment:** |
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| Knife Skills assessment |
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