| **Lesson Guide** |
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| **Date:** | **Topic: Domestic** |
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| **Lesson:** |
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| Knife Skills |
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| **Materials:** |
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| Knives  Cutting boards  Cut resistant gloves  Foods to cut (banana)  Foods to spread (nut butter, butter, jelly, cream cheese)  Foods that foods can be spread on (bread, bagel, apple, rice cake, etc.) |
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| **Learning Objectives:** |
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| * Students will learn knife safety * Students will use knife to cut soft foods (bananas) * Students will spread foods using a knife |
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| **Structure/Activity:** |
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| 1. Discuss that knives are sharp 2. Demonstrate how to hold, use, and carry knives 3. Have students demonstrate these skills without using food 4. Have students demonstrate spreading with a knife 5. Have students demonstrate cutting a banana with a knife |
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| **Assessment:** |
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| Knife Skills assessment |
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