| **Lesson Guide** |
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| **Date:** | **Topic: Health and Wellness** |
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| **Lesson:** |
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| Hygiene |
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| **Materials:** |
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| Deodorant  Toothbrush  Toothpaste |
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| **Learning Objectives:** |
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| * Students will identify deodorant, toothbrush, and toothpaste * Students will state when to use each item * Student will demonstrate toothbrushing |
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| **Structure/Activity:** |
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| 1. Have a variety of hygiene items on the table. Pick up a deodorant and ask if anyone knows what it is. 2. Lead a discussion of why deodorant is used and when it is used. 3. Pick up a toothbrush and toothpaste and discuss what they are, why they are used and when they are used. 4. Have students choose specific items from the table and explain what they are and why/when they are used. 5. Have students brush teeth. |
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| **Assessment:** |
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| Hygiene Assessment |
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