| **Lesson Guide** |
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| **Date:** | **Topic: Domestic** |
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| **Lesson:** |
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| Food Safety-Refrigerator/Freezer |
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| **Materials:** |
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| Food (refrigerator, freezer, and self stable)Refrigerator/Freezer/shelf or pantry |
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| **Learning Objectives:** |
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| * Students will indicate that a refrigerator and freezer keeps food cold
* Students will demonstrate an understanding of which food requires refrigeration, freezing, and which are shelf stable.
* Students will understand why food requires storage at cold temperatures
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| **Structure/Activity:** |
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| 1. Ask/discuss the function of a refrigerator/freezer
2. Discuss what types of food require refrigeration/freezing.
3. Have a variety of food (can be empty packages) spread out on the floor or table and ask a student to put an item away correctly (you can ask a student to put away a specific item, you could ask a student to please put away something that belongs in the (fill in the blank), or you can have the student pick the object that they want to put away.
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| **Assessment:** |
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| Food Safety-Refrigerator/Freezer assessment |
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