| **Assessment** |
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| **Date:** | **Student Name:** |
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| **Lesson:** |
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| Exercise machines |
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| **Tasks Observed:** |
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| Identification of machine  Use of machine  Cleaning of machine  Use of log |
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| **Exercise machines:** |
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| **Task Steps** | **Performance**  **0 = no attempt**  **1 = student attempted but needed assistance**  **2 = student completed independently** | **Comments** |
| --- | --- | --- |
| Identify machines |  |  |
| Use of machines |  |  |
| Performing 3 sets of 10 reps |  |  |
| Cleaning of machines  Obtain supplies  Clean machine  Put supplies away |  |  |
| Exercise log |  |  |
| Total # of points: |  |  |

| **Observer Name:** |
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