| **Lesson Guide** |
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| **Date:** | **Topic: Health & Wellness/leisure** |
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| **Lesson:** |
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| Basketball |
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| **Materials:** |
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| BasketballsProper footwearBasketball hoop |
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| **Learning Objectives:** |
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| * Students will identify basketball & basketball hoop
* Students will learn terminology (shoot, pass, dribble)
* Students will shoot the ball towards the hoop, pass the ball, dribble the ball
* Students will be supportive/interact with peers
* Students will participate in activity
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| **Structure/Activity:** |
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| 1. Discuss game/objective of basketball game
2. Walk to gym/outdoor court
3. Line students up and pass ball to each student
4. Demonstrate dribbling and have each student try a few dribbles (standing still)
5. Have students dribble across gym
6. Have students form 2 lines and have them practice shooting one at a time
7. If time permits split into 2 teams and play basketball
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| **Assessment:** |
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| Basketball assessment |
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