| **Lesson Guide** |
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| **Date:** | **Topic: Health & Wellness/leisure** |
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| **Lesson:** |
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| Basketball |
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| **Materials:** |
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| Basketballs  Proper footwear  Basketball hoop |
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| **Learning Objectives:** |
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| * Students will identify basketball & basketball hoop * Students will learn terminology (shoot, pass, dribble) * Students will shoot the ball towards the hoop, pass the ball, dribble the ball * Students will be supportive/interact with peers * Students will participate in activity |
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| **Structure/Activity:** |
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| 1. Discuss game/objective of basketball game 2. Walk to gym/outdoor court 3. Line students up and pass ball to each student 4. Demonstrate dribbling and have each student try a few dribbles (standing still) 5. Have students dribble across gym 6. Have students form 2 lines and have them practice shooting one at a time 7. If time permits split into 2 teams and play basketball |
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| **Assessment:** |
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| Basketball assessment |
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