| **Lesson Guide** |
| --- |

| **Date:** | **Topic: Leisure/Social** |
| --- | --- |

| **Lesson: Badminton** |
| --- |

| Outdoor Games |
| --- |

| **Materials:** |
| --- |

| Materials needed for game:   * Badminton: net, raquettes, birdies |
| --- |

| **Learning Objectives:** |
| --- |

| * Identify equipment * Participate in set up * Understand rules of game (hit birdie over the net) * Participate in clean up * Appropriate social interactions with teammates |
| --- |

| **Structure/Activity:** |
| --- |

| 1. Introduce the sport, ask if anyone has played, watch a video clip of badminton 2. Show students where equipment is kept 3. Introduce each piece of equipment 4. Have students bring equipment outside 5. Set up net 6. Line students up and hit birdie to each student so they can practice returning it 7. Split students up on “teams” 8. Have students practice hitting the birdie back and forth to each other over the net   \*\*An adaptive birdie can be used as could a balloon or small beach ball |
| --- |

| **Assessment:** |
| --- |

| Outdoor Game Assessment |
| --- |